Baby Checklist

Family, baby and school | Letter | Print at 100% or Actual size, never Fit to page

Sleep

- ☐ Buy a crib or bassinet and a firm mattress
- ☐ Get fitted sheets and a sleep sack
- ☐ Buy a night light
- ☐ Set up a changing table or pad
- ☐ Get a baby monitor
- ☐ Keep the room at a safe temperature
- ☐ Put up blackout curtains
- ☐
- ☐

Feeding

- ☐ Buy bottles and a steriliser
- ☐ Get formula or a breast pump
- ☐ Buy bibs and burp cloths
- ☐ Get a high chair
- ☐ Stock a few jars of baby food
- ☐ Buy a bottle brush and drying rack
- ☐ Keep a feeding log
- ☐
- ☐

Clothes and nappies

- ☐ Buy 7 sleepsuits and 7 vests
- ☐ Get a hat, socks and mittens
- ☐ Buy nappies in 2 sizes
- ☐ Get wipes and nappy cream
- ☐ Buy a nappy bag
- ☐ Get a laundry basket for baby clothes
- ☐ Wash everything before first use
- ☐
- ☐

Out and about

- ☐ Buy a car seat and fit it
- ☐ Get a pram or carrier
- ☐ Buy a changing bag
- ☐ Pack spare clothes and wipes
- ☐ Get a sunshade for the pram
- ☐ Register the birth and book the health visitor
- ☐
- ☐