Beach Trip Checklist

Travel and outdoors | A4 | Print at 100% or Actual size, never Fit to page

Beach gear

- ☐ Pack towels and a beach mat
- ☐ Bring an umbrella or shade
- ☐ Pack beach chairs
- ☐ Bring a cool box
- ☐ Pack a beach bag
- ☐ Bring a waterproof phone case
- ☐ Pack a frisbee or ball
- ☐
- ☐

Sun and swim

- ☐ Pack sunscreen and reapply often
- ☐ Bring a hat and sunglasses
- ☐ Pack a swimsuit and a change of clothes
- ☐ Bring water shoes
- ☐ Pack a rash guard for kids
- ☐ Bring a water bottle
- ☐ Pack a first aid kit
- ☐
- ☐

Food and drink

- ☐ Pack sandwiches and fruit
- ☐ Bring snacks and crisps
- ☐ Pack plenty of water
- ☐ Bring ice packs
- ☐ Pack cups and napkins
- ☐ Bring bin bags
- ☐
- ☐

Before you leave

- ☐ Check the tide times
- ☐ Check the weather
- ☐ Pack the car the night before
- ☐ Charge your phone

- [ ] Leave the beach clean
- [ ]
- [ ]